

## GREEN CHEF

# **PORTOBELLO FAJITAS**

creamy chimichurri, lime-zested rice, refried pinto beans

**соок тіме** 35 мін servings 2

## **CALORIES PER SERVING** 720

We spun this Tex-Mex classic into a delectable dish fit for vegan cooking. Here, meaty portobello mushrooms, green bell pepper, and red onion are seasoned with Cuban-style spices, then pan-seared (sizzling fajita-style) until tender. We've ditched the flour tortillas in lieu of ultra-flavorful limespiked jasmine rice. Homemade refried beans make for a comforting side, while a drizzle of our creamy chimichurri sauce adds a rich, herbaceous finish.

# OCKLING TOR

If you ordered the 4-serving version of this meal, refer to the guidelines in Step 1.



Certified gluten-free by the Gluten Intolerance Group's Gluten-Free Safe Spot Program.

**GREEN CHEF IS PROUD** to be a USDA Certified Organic company. All produce and eggs are organic unless otherwise labeled.

#### **INGREDIENTS (10 ITEMS)**

1 whole	Lime
½ cup	Jasmine rice
2 whole	Portobello mushrooms
1 unit	Green bell pepper
1 whole	Red onion
1 whole	Roma tomato
15½ oz	Pinto beans
1 whole	Vegetable stock concentrate
1 tbsp	Cuban spice blend
2 oz	Creamy vegan chimichurri sauce

#### WHAT YOU'LL NEED

VEGAN // GLUTEN-FREE

small pot with lid medium pot large sauté pan measuring cup & spoons microplane strainer potato masher cooking oil salt & pepper

Wash and dry fresh produce. Go to greenchef.com/faq for safe cooking guidelines and to learn more about food allergens. Questions? Contact us at (888) 236-7295.

MENU

#### START PREP & COOK RICE

- Zest whole **lime** with a microplane (or on small holes of a box grater) over a small pot. Quarter **lime**.
- Add jasmine rice, 1 cup water, and about ¼ teaspoon salt to pot with lime zest. Bring to a boil. Stir, then reduce heat to medium-low and cover pot with lid. Simmer 16-18 minutes, or until rice is tender and water is absorbed.
- O Remove from heat. Let rest, covered, 3 minutes.
- Fluff rice with a fork. Squeeze juice from two lime wedges over rice. Stir to combine.

OKING A

If you ordered the 4-serving version of this meal, modify this recipe by doubling the measurements (where it makes sense) and using bigger pots, pans, and bowls.

#### FINISH PREP

- Wipe **portobello mushrooms** clean with damp paper towels. Remove any stems. Scrape out gills with a spoon. Cut lengthwise into strips, about 1/4 inch thick.
- Cut green bell pepper\* lengthwise into strips, about 1/4 inch thick.
- Cut ends off red onion and discard peel. Halve lengthwise; save one half for another use. Cut remaining half lengthwise into strips, about 1/4 inch thick.
- Small dice Roma tomato into pieces, about ¼ inch each.

\*The ingredient you received may be a different color.

#### $\gamma$ start beans

- Strain and rinse **pinto beans**.
- Place beans in a medium pot over medium-high heat. Add about <sup>3</sup>/<sub>3</sub> cup water. Stir to combine. Bring to a simmer. Stir in vegetable stock concentrate. Reduce heat to medium-low. Simmer 5-8 minutes, or until liquid has slightly reduced, stirring occasionally. (You'll finish the beans in Step 5.)

#### COOK VEGGIES

 Heat about 2 tablespoons cooking oil in a large sauté pan over medium-high heat.
Add mushrooms, bell pepper, and onion to hot pan. Season with Cuban spice blend and salt. Stir to combine. Cook 7-9 minutes, or until veggies are softened, stirring occasionally.\*

\*If pan seems dry while cooking, add another 1-2 teaspoons of oil.

#### FINISH BEANS

 Mash beans with a potato masher until mostly smooth. Season with salt and pepper to taste.\* Simmer 2-3 minutes, or until beans reach desired consistency, stirring occasionally.

\*Taste the beans after seasoning and adjust as needed. Adding salt and pepper throughout the cooking process is key to a delicious final product.

#### PLATE YOUR DISH

 Divide lime-zested rice between plates. Top with sautéed veggies. Serve refried beans on the side. Drizzle with creamy vegan chimichurri sauce to taste. Sprinkle with tomato. Serve with remaining lime wedges. Enjoy!











## **Nutrition Facts**

## 2 Servings per container **Serving size**

Amount per serving

# Calories

	% Daily Value*
Total Fat 30g	38%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 1080mg	47%
Total Carbohydrate 96g	35%
Dietary Fiber 14g	50%
Total Sugars 11g	
Includes 1g Added Sugars	2%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 129mg	10%
Iron 5mg	30%
Potassium 1685mg	35%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## All ingredients in this recipe:

**Portobello Mushrooms**, **Jasmine Rice** [jasmine rice], **Lime**, **Bell Peppers**, **Red Onion**, **Creamy Chimichurri** (Yellow Onions, Parsley, Cilantro, Garlic, Dried Oregano, Sea Salt, Black Pepper, Crushed Red Pepper Flakes, Apple Cider Vinegar [apple cider vinegar], Lemon Juice [lemon], Sunflower Oil [high oleic sunflower oil], Vegan Mayonnaise [sunflower oil, aquafaba (water, chickpea, kombu seaweed), distilled vinegar, salt, sugar, lemon juice, white pepper]), **Pinto Beans** [organic pinto beans, water, sea salt, calcium chloride (firming agent)], **Cuban Spice Blend** [dehydrated vegetables (garlic, onion, green bell pepper, tomato), spices (cumin, black pepper, oregano, coriander), salt, paprika (color), cilantro, and orange peel], **Roma Tomatoes**, **Vegetable Stock Concentrate** [vegetable juice concentrates (tomato, mushroom, onion, carrot, celery), sugar, maltodextrin, salt, yeast extract, and natural flavor]

## Allergen information:

Contains No Allergens

Allergens may be reflected in pantry items listed in the "What You'll Need" section of the recipe card.

Manufactured on equipment that processes products containing egg, fish/shellfish, milk, sesame, soy, peanuts, and tree nuts.

## (612g)

720