



# JAPANESE-STYLE VEGETABLE FRITTERS

*ginger-Sriracha aioli, broccoli, rice, edamame*

**COOK TIME**  
40 MIN

**SERVINGS**  
2

**CALORIES PER SERVING**  
800

**MENU**  
VEGETARIAN

*Okonomiyaki*—a savory, cabbage-based pancake from Osaka, Japan—is typically made with meat or seafood, but our chefs created a hearty vegetarian version that’s just as satisfying. Golden, savory pancakes are packed with cabbage, carrots, and scallions, then drizzled in a ginger-Sriracha aioli for a creamy, slightly spicy finish. On the side, there’s sautéed broccoli and rice studded with edamame and pickled ginger.

### INGREDIENTS (10 ITEMS)

- ½ cup **Jasmine rice**
- 4¼ oz **Cabbage & carrots**
- 2 whole **Scallions**
- 6 oz **Broccoli**
- 2¾ oz **Edamame** S
- ¾ oz **Pickled ginger**
- 2 medium **Eggs** E
- 1¾ oz **Tamari-mirin sauce** S
- ½ cup **Flour** W
- 1¾ oz **Ginger-Sriracha aioli** E S

### WHAT YOU’LL NEED

- small pot with lid
- large sauté pan
- large nonstick pan
- large bowl
- measuring cup & spoons
- whisk
- cooking oil
- salt & pepper

### ALLERGENS

- S SOY
- E EGGS
- W WHEAT



If you ordered the 4-serving version of this meal, refer to the guidelines in Step 1.

**GREEN CHEF IS PROUD** to be a USDA Certified Organic company. All produce and eggs are organic unless otherwise labeled.

Wash and dry fresh produce. Wash hands and surfaces after handling raw eggs. Consuming raw or undercooked eggs may increase your risk of foodborne illness. Go to [greenchef.com/faq](http://greenchef.com/faq) for safe cooking guidelines and to learn more about food allergens. Questions? Contact us at (888) 236-7295.

## 1 COOK RICE

- Bring **jasmine rice**, 1 cup water, and about ¼ teaspoon salt to a boil in a small pot. Stir, then reduce heat to medium low and cover pot with lid. Simmer 16-18 minutes, or until rice is tender and water has absorbed.
- Remove from heat. Let rest, covered, 3 minutes. (You'll finish the rice in Step 6.)

COOKING FOR  
4

If you ordered the 4-serving version of this meal, modify this recipe by doubling the measurements (where it makes sense) and using bigger pots, pans, and bowls.

## 2 PREP

- Finely chop **cabbage\* and carrots** into rice-size pieces.\*\*
- Trim and thinly slice **scallions**.
- Cut **broccoli** into bite-size pieces if necessary.
- Roughly chop **edamame**.
- Roughly chop **pickled ginger**.

\*The ingredient you received may be a different color.

\*\*If you have a food processor, use the S-shaped blade to quickly chop your cabbage and carrots instead.

## 3 MAKE FRITTER MIXTURE

- Crack **eggs** into a large bowl. Add about 1½ tablespoons **tamari-mirin sauce**. Whisk to combine.
- Add ¼ cup **flour** (reserve the rest for another use), about ¼ teaspoon salt, and about ¼ teaspoon pepper. Stir to combine.
- Add **cabbage and carrots** and about half the **scallions**. Mix thoroughly to form a cohesive mixture.

## 4 COOK FRITTERS

- Heat about 1½ tablespoons cooking oil in a large nonstick pan over medium-high heat until shimmering. Once pan is hot, add 2-3 large spoonfuls (about ¼ cup each) of the **fritter mixture**. Lightly press to flatten. Cook 3-5 minutes, or until bubbles form.
- Flip **fritters**. Cook 3-5 minutes, or until browned and crispy.
- Transfer **fritters** to a plate. Cover with foil to keep warm.
- Repeat process with remaining **mixture**, making 4-6 fritters total.

## 5 SAUTÉ BROCCOLI

- Heat about 1½ tablespoons cooking oil in a large sauté pan over medium-high heat. Add **broccoli** to hot pan. Lightly season with salt and pepper. Cook 6-8 minutes, or until tender, stirring occasionally.
- Remove from heat. Add remaining **tamari-mirin sauce**. Stir to coat.

## 6 FINISH RICE

- Fluff **rice** with a fork. Add **edamame** and most of the **ginger** to pot. Stir to combine.

## 7 PLATE YOUR DISH

- Divide **rice with edamame** between plates. Shingle **Japanese-style vegetable fritters** over top. Drizzle with **ginger-Sriracha aioli** to taste. Serve **sautéed broccoli** on the side. Garnish with remaining **scallions** and remaining **ginger**. Enjoy!



## Nutrition Facts

2 Servings per container

**Serving size** (412g)

Amount per serving

**Calories** **800**

	% Daily Value*
<b>Total Fat</b> 41g	53%
Saturated Fat 7g	35%
Trans Fat 0g	
<b>Cholesterol</b> 255g	85%
<b>Sodium</b> 1550mg	67%
<b>Total Carbohydrate</b> 85g	31%
Dietary Fiber 12g	43%
Total Sugars 11g	
Includes 4g Added Sugars	8%
<b>Protein</b> 22g	
Vitamin D 0mcg	0%
Calcium 214mg	15%
Iron 16mg	90%
Potassium 1527mg	30%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### All ingredients in this recipe:

**Ginger-Sriracha Aioli** (Mayonnaise [organic expeller pressed soybean oil, water, organic egg yolks, organic whole eggs, organic distilled white vinegar, salt, organic white mustard (organic distilled vinegar, water, organic mustard seeds, salt, organic spices), organic lemon juice concentrate], Sriracha Sauce [organic jalapeno peppers, water, organic sugar, organic distilled vinegar, salt, organic garlic powder, xanthan gum], Lime Juice [lime], Puréed Ginger [ginger], Garlic), **Tamari-Mirin Sauce** (Gluten-Free Tamari Sauce [water, soybeans, salt, sugar, alcohol, vinegar, lactic acid], Mirin [organic sweet rice, organic distilled rice wine (water, organic sweet rice, koji seed), organic koji (rice, koji seed), sea salt], Rice Wine Vinegar [rice vinegar diluted with water to 4.3% acidity], Ascorbic Acid [ascorbic acid]), **Jasmine Rice** [jasmine rice], **Edamame** [soybean kernels], **Pickled Ginger** [ginger, cane sugar, rice vinegar, water], **Broccoli, Green Cabbage, Carrots, Egg, Scallions, Flour** [wheat flour, enzyme added for improved baking, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid]

### Allergen information:

Contains Wheat, Egg And Soy

*Allergens may be reflected in pantry items listed in the “What You’ll Need” section of the recipe card.*

*Manufactured on equipment that processes products containing egg, fish/shellfish, milk, sesame, soy, peanuts, and tree nuts.*

